A SNEAK PEAK AT WHAT’S INSIDE

Walk-In Wednesdays

Hometown Hero Banner

Military Share

Memorial Park

Camp Lejeune News

April 29th
Did you know?
If you were unable to get to your VA Hospital because of an emergency: you, your family, friends, or hospital staff need to contact one of the numbers within 72 hours of your emergency, so you are better aware of what services VA may or may not cover.

DAY: Utilization Management
8:00AM-4:00PM
EXT. *7258
NIGHT: Health Benefits Advisor
4:00PM-8:00AM
EXT. *7140

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Effective May 1st

Walk-In Wednesdays

VA Office is moving Walk-Ins to Wednesdays
9:00am-4:00pm/ First Come First Serve
*Information Only*

Scheduled Appointments
Now on
Mondays, Tuesdays,
Thursdays and Fridays

*Appointments Only No Walk-Ins*
Now Is The Time To Sponsor Your 2017 Hometown Hero Banner

SPECIAL OFFER:
With the purchase of this year's banner we are offering, for sale, a garden flag available for $40.00

Deadline for Sponsorship is September 1, 2017

All sponsorships - $210

Banners Will Be Displayed Beginning in October 2017

We now accept Paypal

Call Natalie Steppe at 570-320-2101, visit the website at LYCO.ORG/VA, or stop by The Lycoming County Veterans Affairs Office for more information or to sponsor a banner.
Military Share

A fresh express program for veterans and active duty soldiers!
Held at: VFW 7863 Leroy O. Buck Post
150 Shaffer Street, Duboistown, PA
570-323-1579

Military Share is a fresh express program of the Central Pennsylvania Food Bank and is designed to provide fresh, nutritious food for families with at least one member who is serving or who has served in the US Armed Forces. This program is for the veterans of Lycoming County.

Each family will receive fresh produce, deli and dairy products, pantry staples and meats, fish and poultry.

Please register your family below. Our distribution will be on the third Thursday of each month starting at 10:00am. Registration is REQUIRED.

Any questions regarding this program call 570-323-1579.

Name of Veteran:______________________________
Number of Members in Household:____________
Weekly Income: $____________
Branch of Service:__________________________
LYCOMING COUNTY VETERANS MEMORIAL PARK
WILLIAMSPORT, PA

Honor or memorialize a Veteran with a personalized brick permanently placed within the renovated walkways of the Lycoming County Veterans Memorial Park, located at West Fourth Street and Wahoo Drive, Williamsport, PA.

**Select a size:**

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<tr>
<td>4” x 8”</td>
<td>Up to 3 lines of text, gray brick</td>
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<tr>
<td>$50</td>
<td>Maximum of 18 characters per line, including letters, numbers, spaces, and symbols.</td>
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<tr>
<td>12” x 12”</td>
<td>Up to 6 lines of text, gray brick</td>
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<tr>
<td>$200</td>
<td>Maximum of 18 characters per line, including letters, numbers, spaces, and symbols.</td>
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Please fill out 1 order form per brick. PRINT clearly with 1 character per block.

 Ordered by: Name: ____________________________  Please submit your order forms, along with payment to:

 Address: ____________________________________  Streets and Parks Department

 ____________________________________  ATTN: Veterans Memorial Park

 ____________________________________  1550 West Third Street

 Phone: ____________________________  Williamsport, PA 17701

 Make checks payable to: Lycoming County Veterans Memorial Park
Invitation to All Pennsylvania Military Veterans and First Responders
To Obtain
FREE ESTATE PLANS

In partnership with the Pennsylvania Bar Association Young Lawyers Division and with sponsorship by the Lycoming Law Association, we are proud to bring the Wills for Heroes program to you. Wills for Heroes is a free and easy service that provides Wills, Living Wills, Health Care and Financial Powers of Attorney to military veterans and first responders and their spouses/partners.

If you die without a Will, Pennsylvania’s intestate laws will determine who will receive your property. Undoubtedly, your loved ones’ grief will be overwhelming; a clear expression of your intent, desires, and wishes may help ease some of this inevitable burden. While nobody likes to think about an untimely death, it is best that you express your wishes through a written document. For your family’s peace of mind, please consider this invaluable opportunity, offered completely free to you and your spouse/partner.

On Saturday, April 29, 2017, volunteer lawyers will be conducting a Wills for Heroes Program for Pennsylvania military veterans and first responders and their spouses or significant others (please note that proof of affiliation or DD214 will be requested at the event). This April 29th event will be held at the Old Lycoming Township Volunteer Fire Company (Station 14), 1600 Dewey Avenue, Williamsport, PA beginning at 11am. Appointments for each person last approximately 1 hour and at the conclusion of it you will have notarized legal documents – a Will, Living Will, and Health Care and Financial Powers of Attorney (or any combination thereof). If you select that you are coming with a spouse/significant other you will have to back appointments, and the computer will automatically schedule a second appointment. You do not need to schedule a separate appointment. Please schedule your appointment early as this event is sure to fill up fast. ON-LINE REGISTRATION WILL BEGIN ON MONDAY, APRIL 3, 2017.

Appointments must be scheduled online at: www.pabar.org/wfh/
The password is: Lycoming

If you have any questions about this event, please contact Kristine Waltz at kwaltz@dingeswaltz.com. For more information on the program visit the Wills for Heroes Foundation at www.willsforheroes.org.

** If your estate exceeds approximately $750,000, this service is unavailable to you due to the complexity of your estate and the limited time to complete the legal documents. For determining if your estate is over $750,000, include your cash, personal property, stock and bonds, real estate equity, savings, cash value of a whole/universal life insurance policy only (not the amount of the insurance policy).

PLEASE MAKE SURE THAT YOU ARE AVAILABLE ON THE WILLS DAY FOR YOUR APPOINTMENT. MANY INDIVIDUALS ARE VOLUNTEERING THEIR TIME FOR THIS PROGRAM. NO-SHOWS ARE STRONGLY DISCOURAGED!!
VA’s rule establishes presumption of service connection for diseases associated with exposure to contaminants in water supply at Camp Lejeune

The Department of Veterans Affairs’ (VA) regulations to establish presumptions for the service connection of eight diseases associated with exposure to contaminants in the water supply at Camp Lejeune, North Carolina, are effective as of today.

“Establishing these presumptions is a demonstration of our commitment to care for those who have served our nation and have been exposed to harm as a result of that service,” said Secretary of Veterans Affairs, Dr. David J. Shulkin. “The Camp Lejeune presumptions will make it easier for those Veterans to receive the care and benefits they earned.”

The presumption of service connection applies to active-duty, reserve and National Guard members who served at Camp Lejeune for a minimum of 30 days (cumulative) between Aug. 1, 1953, and Dec. 31, 1987, and are diagnosed with any of the following conditions:

- Adult leukemia
- Aplastic anemia and other myelodysplastic syndromes
- Bladder cancer
- Kidney cancer
- Liver cancer
- Multiple myeloma
- Non-Hodgkin’s lymphoma
- Parkinson’s disease

The area included in this presumption is all of Camp Lejeune and Marine Corps Air Station New River, including satellite camps and housing areas.

This presumption complements the health care already provided for 15 illnesses or conditions as part of the Honoring America’s Veterans and Caring for Camp Lejeune Families Act of 2012. The Camp Lejeune Act requires VA to provide health care to Veterans who served at Camp Lejeune, and to reimburse family members or pay providers for medical expenses for those who resided there for not fewer than 30 days between Aug. 1, 1953, and Dec. 31, 1987.
AMERICAN LEGIONS, VFW’s & OTHER COUNTY VETERAN ORGANIZATIONS

American Legion Post 1 -
Garrett Cochran
10 E. 3rd St., Williamsport, PA  17701
Phone: 570-323-9409

American Legion Post 35 -
Glenn Sharrow
76 N. Main St., Hughesville, PA  17737
Phone: 570-584-2123

American Legion Post 36 -
George Webster Pepperman
P.O. Box 211, Jersey Shore, PA  17740
Phone: 570-398-4174

American Legion Post 104 -
Eugene Grafius
1312 Broad St., Montoursville, PA  17754
Phone: 570-368-9000

American Legion Post 251 -
Bower Decker
185 Broad St., Montgomery, PA  17752
Phone: 570-547-2039

American Legion Post 268 -
Roland Ritter
515 Legion Rd., Muncy, PA  17756
Phone: 570-546-5210

American Legion Post 617 -
Royal P. Steinbacher
901 Market Street, South Williamsport, PA  17702
Phone: 570-327-0255

Blue Star Mothers of America Inc. -
Chapter 12
P.O. Box 851
Williamsport, PA 17703
Phone: 570-772-4638

United States Submarine Veterans Inc.-
Williamsport Base
Mailing: 160 North Broad St, Hughesville, PA 17737
Meeting Location: Zafar Gorotto Club
381 E. 2nd St, S. Williamsport, PA 17702
Phone: 570-244-1351

Veterans of the Vietnam War – Post PA 51
P.O. Box 23, Hughesville, PA 17737
Phone: 570-547-2814

VFW Post 3428-
Edward J. Smith Post
12 N Market St., Muncy, PA 17756
Phone: 570-546-3820

VFW Post 5859-
Billy O. Brandt Post
201 N. Lincoln Ave., Jersey Shore, PA 17740
Phone: 570-8656216

VFW Post 7863-
Le Roy O. Buck Post
150 Shaffer St., South Williamsport, PA 17702
Phone: 570-323-1579

VFW POST 844-
Howard W. Kahler Post
1260 West 3rd Street, Williamsport, PA 17701
Phone: 570-326-2752

Forty & Eight Voiture 382
345 Market Street, Williamsport, PA 17701
Phone: 570-322-1670

Susquehanna Valley Chapter 47 of The Disabled American Veterans
P.O. Box 3372, Williamsport, PA 17701
Phone: 570-567-4554

Williamsport Detachment 388
Marine Corp League Inc.
P. O. Box 3245, Williamsport, PA 17701
Phone: 570-323-9900

Korean War Veterans of Lycoming County, Inc.
P. O. Box 3232, Williamsport, PA 17701
Phone: 570-745-3775 (Military Funerals)
Your Reps in Washington & Harrisburg

U.S. Representative Thomas Marino— 10th Congressional District
Williamsport District Office
1020 Commerce Park Drive, Suite 1A
Williamsport, PA 17701
Phone: 570-322-3961
Fax: 570-322-3965
Office Hours: M-F 9-5
Website: [http://marino.house.gov/](http://marino.house.gov/)

PA State Senator Gene Yaw— Senate District 23
330 Pine Street, Suite 204
Williamsport, PA
Phone: 570-322-6457
Fax: 570-327-3703
Toll-free: 1-800-443-5772
Website: [http://senatorgeneyaw.com/](http://senatorgeneyaw.com/)
Email: gyaw@pasen.gov

PA State Representative Garth D. Everett— 84th Legislative District
Penn Hills Plaza, Halls Station
21 Kristi Road, Suite 2
Muncy, PA 17756
Phone: 570-546-2084
Fax: 570-546-5220
Website: [http://www.repeverett.com/](http://www.repeverett.com/)

PA State Representative Jeff Wheeland— 83rd Legislative District
349 Pine Street Suite 1
Williamsport, PA 17701
Phone: 570-321-1270
Fax: 570-327-3719
Office Hours: M-F 8:30-4:30
Website: [www.repwheeland.com](http://www.repwheeland.com)
Email: jwheeland@pahousegop.com

Not sure who your representative is? Find out at:
[http://www.legis.state.pa.us/cfdocs/legis/home/findyourlegislator/county](http://www.legis.state.pa.us/cfdocs/legis/home/findyourlegislator/county)
list.cfm?CNTYLIST=LYCOMING
FROM THE LYCOMING COUNTY VA OFFICE:

Would you like to have a VA Benefit Seminar at a Nursing Home, Legion, VFW, or Other Organization? Have George come and speak to the Veterans and Widows about what they could be eligible for through the VA. Call our office at 570-327-2365 to set it up.

FROM THE PENNSYLVANIA DEPT. OF VETERANS AFFAIRS:

Are you rated 100% disabled by the VA? Then you may be eligible for real estate tax exemption and free hunting and fishing licenses. Call 570-327-2365 for more information.

If you or anyone you know are interested in being trained for an Honor Guard position please contact the VA office at 570-327-2365.

Important information to Know when Transitioning from TRICARE Prime to Standard.

• You can still see your same doctor.
• Costs for care will change.
• Your health care prior authorizations are still valid.

Be aware that your out-of-pocket costs for existing care will change from TRICARE Prime copayments to TRICARE Standard (Extra) cost-shares and deductibles on October 1, 2013.

If you have any other questions or concerns please contact us at 570-327-2365.
The VA Outpatient Clinic was established July 1997 on the Campus of Divine Providence Hospital in the Wenner Building, 1705 Warren Avenue, Suite 304, Williamsport, PA. Phone: 570-322-4791  Fax: 570-322-5170
Open: Monday—Friday 8:00 a.m. to 4:30 p.m. Scheduled appointments only
~ No Emergency Services/No walk-ins

Services Include: Primary Care, Enrollment/Eligibility forms, Psychiatry, Post Traumatic Stress Disorder (PTSD) Social Services, Counseling, Lab, Nutrition services, and Immunizations.

The VA Clinic has a social worker at the clinic on Tuesday and Thursday. Her name is Chris Veach; please call the clinic at (570) 322-4791 to schedule an appointment.

Vet Center

The Vet Center is located at Suite 104, 49 East Fourth Street, Williamsport, next to the James V. Brown Library. Phone 327-5281.
All services provided by the Vet Center are FREE OF CHARGE. These include readjustment counseling and outreach services to all veterans who served in any combat zone. Services are also available for their family members. These include:

- individual and group counseling: women, spouses, WWII, Korean, Vietnam, OEF/OIF, and other combat veterans.
- group counseling
- marital and family counseling
- bereavement counseling
- substance abuse information and referral
- referral in applying for VA Benefits, job counseling and educational VA benefits
- referral for homeless vets
- military sexual trauma (male and female) counseling & referral
- outreach and community education

The PA Career Link—Lycoming County office is located at 329 Pine Street in Williamsport and is open Monday through Thursday 8:30 a.m. to 4:30 p.m. and from 9:00 a.m. to 4:30 p.m. on Fridays.

Contact: Timothy French  E-mail: tifrench@state.pa.us
Phone: 570-601-5934  Online: www.pacareerlink.state.pa.us
We are here to help you . . .

MSGT George W. Heiges (Ret.)
Lycoming County Director of Veterans Affairs
570-327-2365  gheiges@lyco.org

- Fully accredited as a Veterans Service Officer by the Pennsylvania Department of Military and Veterans Affairs
- Twenty-one years USAF

David A. Keene
Assistant Director of Veterans Affairs
570-327-2365  dkeene@lyco.org

- Fully accredited as a Veterans Service Officer by the Pennsylvania Department of Military and Veterans Affairs
- Four years USMC

To make an appointment, please contact
Natalie Miller at: 570-320-2101

Office Hours
Monday through Friday 8:30 AM – 5:00 PM
Monday–Thursday: Scheduled Appointments Only
Friday: Walk-Ins 9:00 AM–4:30 PM

(No Comp or Pension Claims, Info ONLY)
UNTIL MAY 1st **SEE PAGE 3**
Closed weekends and major holidays.

The Lycoming County VA Office Will Be Closed:

Good Friday–Friday April 14, 2017
Memorial Day–Monday May 29, 2017

Do you have announcements or information to share???

The Lycoming County Office of Veterans Affairs invites you to submit articles and items of interest to be published in the next edition of *The Lycoming Vet*.

For questions or to make submissions, please contact Natalie Miller at the Veterans Affairs Office.