Get started with Teladoc®

It’s quick and easy to set up your account online. Visit the Teladoc website and click "Set up account". Then follow the instructions below.

1. Provide your name, contact information, and date of birth
2. If you have a username, choose "Yes" and enter it here. If you don’t have a username, choose "No, I don’t have a username."
   Not all members have a username, so don’t worry if you need to select "No."
3. Select one of the four options that detail how you found out about Teladoc and enter the requested information.

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